



I'm not robot



[Continue](#)

Mediums of art list

Last Updated Oct 20, 2020 You have a looming deadline. However, instead of doing your job, you tinker with various things like email verification, social media, watching videos, surfing blogs and forums. You know you're supposed to be working, but you don't feel like doing anything. We are all familiar with the phenomenon of procrastination. When we stall, we waste our free time and postpone important tasks we should be doing until it's too late. And when it's really too late, we panic and wish we'd started sooner. Chronic procrastinations I know have spent years of their lifetime looping in this cycle. Delaying, postponing things, going a little while, hiding from work, facing work only when it's inevitable, and then repeating this loop anew. It's a bad habit that's eating us up and preventing us from achieving greater results in life. Don't let procrastination take over your life. Here I will share my personal steps on how to stop stalling. These 11 steps will definitely apply to you:1. Break Your Work in Little StepsPart reasons why we're stalling is because subconsciously, we find the job too overwhelming for us. Divide it into small parts, then focus on one part at that time. If you're still stalling the task after you break it, then break it even more. Soon your task will be so simple that you will think God, this is so simple that I could do it now! For example, I am currently writing a new book (on how to achieve anything in life). Full-scale book writing is a huge project and can be overwhelming. However, when I break it down into stages such as – (1) Research (2) Decision-making on a topic (3) Drafting (4) Creating content (5) Writing chapters #1 to #10, (6) Revision (7), etc. Suddenly it seems very manageable. Then what I do then is focus on the current phase and get it done to the best of my ability, without thinking about the other stages. When it's over, I move on to the next.2. Change your environmentDifference environments have a different impact on our productivity. Look at your desk and room. They tell you to work or they're wading and sleeping? If it's the latter, you should consider changing your workspace. One thing to have to state is that an environment that makes us feel inspired before can lose its effect after a period of time. If that's the case, then it's time for things to change. See the #2 and #3 13 strategies for jumpstart your productivity, which talks about rebuilding your environment and workspace.3 Create a detailed timeline with specific deadlinesProteme only 1 deadline for your work is like a drag call. That's because we get the impression that we have time and keep pushing everyone back until it's too late. Break down your project (see #1), then create a total timeline with specific deadlines for each small task. This way, you know you have to finish. task up to a specific date. And your timelines need to be robust – that is, if you don't finish this to date, it will jeopardize everything else you planned afterwards. In this way, it creates an urgency of action. My goals are for monthly, weekly, up to daily task lists, and the list is a call to action that I have to accomplish this by the specified date, otherwise my goals will be set. Here are more tips on setting deadlines: 22 Effective Deadline Tips4. Eliminate your procrastination Pit-Stopsif you stall a little too much, maybe it's because you facilitate procrastination. Identify your browser tags that take up a lot of your time and move them to a separate folder that's less accessible. Disable the automatic notification option in the e-mail client. Get rid of the distractions around you. I know some people will get down and delete or deactivate their Facebook accounts. I think it's a little drastic and extreme because dealing with procrastination is more about being aware of our actions than opposing self-binding methods, but if you feel it's necessary, go ahead.5. Hang out with people who inspire you to take action I'm pretty sure if you only spend 10 minutes talking to Steve Jobs or Bill Gates, you'll be more inspired to act than if you've spent 10 minutes doing nothing. The people we're with are influencing our behavior. Of course spending time with Steve Jobs or Bill Gates on a daily basis is probably not a feasible method, but the principle applies - The hidden power of every single person around you Identify the people, friends or colleagues who move you - most likely go-getters and hardworking workers - and hang out with them more often. Soon you will inculcate both their drive and spirit. As a personal development blogger, I hang out with inspirational personal development experts by reading their blogs and regularly texting with them via email and social media. It's communication through new media and everything works the same.6. Getting BuddyHaving companions makes the whole process a lot more fun. Ideally, your friend should be someone who has goals of his own. You will both hold each other accountable for your goals and plans. While it is not necessary for both of you to have the same goals, it will be even better if this is the case, so you can learn from each other. I have a good friend with whom I talk regularly and we always ask each other about our goals and progress in achieving these goals. Needless to say, it encourages us to continue to take action.7 Tell others about your goalsit serves the same function as #6, on a larger scale. Tell all your friends, colleagues, acquaintances and family about your projects. Whenever you see them, they will certainly ask you about your status on these projects. For example, sometimes I announce my projects on the Personal Excellence Blog, Twitter and Facebook, and readers will constantly ask me about them. It's a great way to responsible for my plans.8. Look for someone who has already achieved the outcome Of what you want to achieve here and who are the people who have already achieved it? Look for them and connect with them. Seeing live proof that your goals are very well achievable if you take action is one of the best triggers for action. Clarify your goals againIf you drag on for a long time, this could reflect the unspicidity between what you want and what you are currently doing. We often outgrow our goals times as we discover more about ourselves, but we don't change our goals to reflect that. Step away from work (a short break will be good, otherwise only a weekend break or stay will also do) and take some time to regroup. What exactly do you want to accomplish? What do you have to do to get there? What steps should be taken? Does your current work align with that? If not, what can you do about it?10. Stop complicating thingsAre are you waiting for the perfect time to do this? Maybe now's not the best time because of the X, Y, Z reasons? Get rid of that thought because it's never the perfect time. If you keep waiting for him, you'll never get anywhere. Perfectionism is one of the biggest reasons for procrastination. Read more about why perfectionist tendencies can be bane than boon: Why being a perfectionist may not be so perfect.11 Get the Grip and just the ToAt end, it comes down to taking action. You can do all the strategizing, planning and hypothesis, but if you don't take action, nothing will happen. Occasionally I get readers and clients who constantly complain about their situations but still refuse to take action at the end of the day. Reality Checker:I have never heard of anyone stalling their way to success before and I doubt that will change in the near future. Whatever you're stalling, if you want to do it, you have to get to yourself and do it. Bonus: Think like RhinoMore Tips for Procrastination to Start Taking ActionFeatured Photo Credit: Malvestida Magazine via unsplash.com Here there are 31 pages of free Easter art clipping! You can browse all pages or visit categories that determine whether a picture includes baskets, bunnies, chickens, cross stitches, eggs, or easter cards. Whichever category you choose, you'll definitely find some free Easter clip art here that you like. Free Easter Clipart, wallpapers and borders in the Hellas Multimedia Alphabetical list of visual artists who were active in (or from) ancient Greece. This section deals with painters, sculptors, mosaics and architects. Cellai Stefano/EyeEm/Getty Images Painter Active at the end of the 4th century BC Painter Active at the end of the 5th century BC Sculptor Active ca. 520s. 450 BC Sculptor Active 450. 420 BC Sculptor Active second half of the 5th century BC Sculptor Active at the beginning of the 5th century BC Architect and astronomer Active at the end of the 2nd - mid-1st century BC Active Ca. 530s. 510 BC Sculptor Active (in Pergamon) ca. 250. 200 BC Sculptor Active ca. The 414. 369 BC Painter Active later 4th - early 3rd century BC Painter Active at the end of the 4th 4th century BC Sculptor and metalworker Active painter from the 2nd century BC Active sculptor at the end of the 8th century BC Active second half of the sculpture duo from the 4th century BC archaic period Active ca. 540s. 537 BC Sculptor Active ca. 300 BC Legendary sculptor, craftsman and inventor Possibly active ca. 600 BC Sculptor Active at the beginning of the 2nd century BC Painter Active in the middle of the 2nd century BC Sculptor Active ca. The 400. 360 BC Sculptor Active at the end of the 2nd century BC Sculptor Active (in Pergamon) ca. 250. 200 BC Three different sculptors, all connected, share this name. Eubouliides Active at the end of the 4th century. - At the beginning of the 3rd century BC Eubouliides (ii) Active at the end of the 3rd century BC Eubouliides (iii) Active later painter of the 2nd century BC Active painter from the end of the 6th century BC and sculptor Active sculptor in the middle of the 4th century BC Active in the late 4th century - early 3rd century BC Sculptor Active at the beginning of the 5th century BC Mosaicist Active ca. 350-300 BC Sculptor Active at the beginning of the 5th century BC Mosaic Active 1st 5th century BC Architect Active in the middle of the 5th century BC Sculptor Active (in Pergamon) ca. 250. 200 BC Sculptor Active ca. A 470. 440 BC Architect Active sculptor from the 5th century BC Active second half of the 5th century BC Sculptor Active ca. 500-450 BC Sculptor Active 6th century BC Kanachos (ii) Sculptor Active ca. 400 BC Sculptor Active at the end of the 5th century - ca. 360 BC Painter Active at the end of the 6th century. Apparently, although dates are forever a mystery. Sculptor Active last third of the 5th century BC Sculptor Active second half of the 5th century BC Two sculptors who worked together Active sculptor from the beginning of the 5th century BC Active later 4th century BC Sculptor Active ca. In the mid-19th century BC Sculptor Active ca. In the mid-19th century BC Sculptor Active ca. 550s. 505 BC Sculptor Active 1st half of 5th century BC Sculptor Active ca. 430s. 420 BC Painter Active Architect Active 430s BC Sculptor Active ca. A 470. 440 BC Sculptor Active ca. The 420s. 390 BC Painter Active second half of the 4th century BC Painter Active in the middle of the 4th century BC Potter Active ca. 550s. 505 BC Sculptor Active 1st half of 5th century BC Sculptor Active ca. 430s. 420 BC Painter Active at the beginning of the 4th century BC Painter Active second half of the 5th century - at the beginning of the 4th century BC Sculptor and writer Active (in Rome) 1st century BC Painter Active ca. BC Sculptor Active Ca. 490-430 BC Sculptor; possibly painted Active ca. 100 BC Painter Active Late In the mid-19th century BC, the Wall of the Painter and Sculptor Active Ca. 475-450 BC Sculptor Active ca. A 450. 415 BC Sculptor, probably at least two sculptors Active in the middle of the 2nd century BC Sculptor Active ca. 370-330 BC Painter and bronze sculptor Active (in Rhodes) at the end of the 4th century BC Sculptor Active ca. A 475. 450 BC Architect Active (in Asia Minor) ca. 370s. , possibly, a kind of artist Active in the middle of the 6th century BC Sculptor and architect Active in the middle of the 4th century BC Sculptor and architect Active in the middle of the 4th century BC Mosaicist Active (in Egypt) ca. 200 BC Mosaicist Active (in Pergamon) ca. In the middle of the 3rd to the middle of the 2nd century BC Sculptor Active (in Rome) ca. 1st century BC Sculptor Active ca. A 325. 280 BC Sculptor Active (in Pergamon) ca. 250. 200. 365 BC Sculptor Active ca. 430s. 400 BC Sculptor Active painter from the beginning of the 4th same name and family, tossed coin Active 2nd to early 1st century BC Sculptor Active in the middle of the 2nd century BC Painter Active 1st century BC Sculptor Active ca. 380s. 350 BC Bronze sculptor Active (in Rome and Gala) mid-1st century AD Painter Active at the end of the 5th century.